

## Coronavirus and Spring Break Travel Notice

Spring Break is upon us, and for some, that means travel. The University is aware of reports that the novel coronavirus (COVID-19) has spread to other countries and continue to monitor the situation.

Out of an abundance of caution and our responsibility for duty of care, the University is requiring that all faculty, staff, and students who are traveling out of the country, **register travel plans with the University**. Students must register with the Office of Student Affairs by filling out this [form](#), and faculty and staff must register with Jennifer Phillips in Human Resources at [hr@ab.edu](mailto:hr@ab.edu) or 304.457.6590.

The University strongly recommends that everyone reconsider travel to any country with a CDC level 3 or State Department level 4 advisory based on the coronavirus. We encourage you to monitor developments through the [State Department](#) and [CDC](#) websites. Anyone traveling to these affected areas and anyone suspected of having the COVID-19 will be subject to isolation for 14 days, which could well compromise their ability to complete University duties and academic programs.

### **Additional Travel Precautions:**

International travel is more difficult than usual as a result of COVID-19. Due to public health measures, travelers may encounter delays or other difficulties at the U.S. port of entry or at the port of entry of another country. Travelers should also ensure they have adequate health insurance coverage for the duration of their trip.

Anyone traveling should, in addition to taking recommended measures to prevent illness, take basic precautions to prepare for potential travel disruptions:

- Register independent travel with their program staff and point of contact (OSA for students, HR for faculty, and staff). The program staff's ability to help in case of difficulty is increased by knowing of travel plans in advance.
- Keep cell phones fully charged and operational, and check campus email daily.

If you choose to travel, the CDC recommends the following:

- Avoid contact with sick people.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean your hands often by washing them with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains 60%–95% alcohol. Soap and water should be used if hands are visibly dirty.
  - It is especially important to clean hands after going to the bathroom; before eating; and after coughing, sneezing, or blowing your nose.

### **Stay Informed:**

To stay informed, please visit the [CDC](#) and [World Health Organization](#) websites where you'll find the most accurate and up-to-date information.

### **Questions or Health Concerns:**

Students with health questions or concerns should contact the AB Wellness Center (on-campus) at 304.457.0040 or the Myers Clinic (off-site) at 304.457.2800. AB faculty and staff should reach out to their primary health care provider.